



Magdalene Preschool

Celebrating Birthday's policy

At Magdalene preschool, we feel it is important to help children develop a sense of pride, confidence and positive image about themselves and their families, so we believe that celebrating birthdays are important. We acknowledge children's birthdays and celebrate using non - food based activities that make a child feel special.

While the occasional treat is fine, when there are a large number of children attending nursery, we find that cake, sweets, and other sugary treats, are being given to children frequently! Changes in children's diets can affect their nutritional intake, and can be high in saturated fat, sugars and salt, as we are part of the Healthy Early Years London scheme & due to children's different allergies, we cannot accept food being given to the setting to distribute amongst the children on your child's birthday.

We also feel that while it is a lovely idea to treat all the children at the setting on your child's birthday, not all families can afford to do this, so we ask you kindly not to provide presents or party bags to other children on your child's Birthday at preschool.

On your child's Birthday, we will celebrate at reschool by:

- Celebrate as a class by singing "happy birthday" to the child during singing time.
- Children will receive a birthday crown.
- We encourage children to join in dancing, singing and craft activities, and lively games.

The setting will not allow any cake, sweets, food, gifts or party bags to be brought in by parents.

Signed.....Date.....

On behalf of the management committee